

# Hanna Center

Care, Treat, Help

# A New Vision



At Hanna Center, we believe that everyone deserves a chance to heal, grow, and find success. We envision a world in which every individual grows up resilient and healthy, with a pathway to a productive and rewarding life.

For 75 years, Hanna has helped thousands of young people overcome the impact of childhood trauma and change the trajectory of their lives for the better. Emotional trauma often leads to unfortunate life consequences. Hanna has the resources and expertise to reverse this pattern by building strong partnerships with like-minded organizations in the community, including mental health practitioners, hospitals, schools, justice advocates, and safety net providers.

To make meaningful, life-long change in our community, we are advancing the following key initiatives:



## Hanna Institute

Hanna Institute equips and empowers individuals and agencies to build resilience into their culture. Staffed by experts in the fields of youth development, trauma, and emotional and behavioral health, the Institute works alongside organizations and communities to break the cycle of trauma and create a healthier future for all.

From nationally recognized trainings and credentialed courses to large-scale program partnerships, Hanna Institute provides customized instruction and engaging consulting services based on an organization's strengths, needs, and long-term goals for improving staff and client outcomes. Whether in-person or virtual, Hanna Institute training team helps individuals and agencies, both locally and nation-wide, put theory to work.

**For more information, please visit [hannainstitute.org](http://hannainstitute.org) or email [instituteinfo@hannacenter.org](mailto:instituteinfo@hannacenter.org).**



## The Community Mental Health Hub at Hanna

The Community Health Hub at Hanna offers a wide range of trauma-informed preventative and outpatient services to individuals of all ages and backgrounds. The Hub is committed to meeting people where they are, providing high-quality resources that respond to local needs. Hub clinicians and staff also partner with local agencies to ensure our clients receive comprehensive care and support to promote overall mental health and well-being.

Clients of the Hub have access to a variety of evidence-based treatment and culturally responsive best practices, including Individual & Family Therapy, Couples Therapy, Group Therapy, and Support Groups.

**For more information, please visit [hannacenter.org/gethelp](http://hannacenter.org/gethelp), call 707.933.4HUB, or email [thehub@hannacenter.org](mailto:thehub@hannacenter.org).**



**Hanna Recreation** Hanna Recreation offers a year-round calendar full of events and activities aimed at building connection, promoting well-being, and encouraging healthier lifestyles. From intramural-style sports, to creative activities, to community social events, Hanna Recreation is committed to making sure everyone is welcome and supported.

**For more information, please visit [hannacenter.org/hanna-recreation](http://hannacenter.org/hanna-recreation).**



## Residential Services

### Transitional Housing Program (THP-M)

The Transitional Housing Placement Program is designed for youth 16-18 to assist in support of successful emancipation by providing a safe environment while learning skills that can promote self-sufficiency. The program offers dorm-like housing where trained staff members reside on-site to provide supervision and assistance.

### Transitional Housing Program Non-Minor Dependent (THP-NMD)

Hanna Center's Transitional Housing Program is designed to provide a safe and supportive environment for former foster youth, ages 18-21, who have opted to remain in foster care as designated Non-Minor Dependents. The program provides living quarters for participants on Hanna's campus and opportunities to work toward self-sufficiency and independence.

**For more information, please call 707.933.2538 or email [transitionalhousing@hannacenter.org](mailto:transitionalhousing@hannacenter.org).**



## Hanna Academy, our community partner

Hanna Academy is a non-public high school, offering a niche education, specializing in teaching youth who have experienced trauma and are challenged with emotional disturbances or behavioral issues. The faculty are experts in serving this population, providing students with a quality education and preparing them for success after graduation.

Hanna Academy is for students with IEPs whose qualifying condition(s) are Emotionally Disturbed (ED), Specific Learning Disability (SLD), Other Health Impairment (OHI), and some on the Autism (AUT) spectrum. The school accepts all genders.

**Career Technical Education (CTE)** Hanna's CTE program is part of the core curriculum and focuses on four career tracks identified as high-wage and in-demand in our local economy: trades, health, technology for industry, and culinary/hospitality.

**Residential Program** The Academy's new residential program offers youth who live too far away and are in need of daily assistance, the opportunity to live on campus while receiving specialized education and support.

**For more information, please call 707.933.2560, or visit [hannaacademy.org](http://hannaacademy.org).**



It is a new day at Hanna Center! All these measures are multiplying our impact and ushering in a brighter future for thousands of young people, their families, and community members. Together, we are strengthening our collective capacity to impact and serve more of our community and address the harmful impacts of childhood trauma. Please visit [hannacenter.org](http://hannacenter.org) for more information.